

Email & Gmail

Configure your email accounts, learn about email client software, and more.

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Gmail

Information about the Gmail web-client

Configure Forwarding in Gmail

1. Login to the gmail account you want to forward email **FROM**.
2. Click the **gear icon**, then **Settings** in the upper-right corner of the page.
3. Click the **Forwarding and POP/IMAP** link.
4. Click the **Add a forwarding address** button.
5. Enter the email address **TO** which you want your email forwarded, then click Next.
A confirmation email is sent to the email address you specified in this step.
6. Login to the email account you are forwarding **TO** in a different web browser (or in your email client) and confirm the forwarding using one of the following methods:
 - **Click the link** in the confirmation email.
 - or -
 - **Copy the confirmation code** in the email and paste it into the text box on the Settings > Forwarding page on the account you want to forward **FROM**.
7. Refresh the **Settings > Forwarding** page and verify that "Forward a copy of incoming email to" is selected.
8. Click the **Save Changes** button at the bottom of the page.
All email sent to the email address you configured to forward **FROM** will be forwarded to the email address you entered to forward **TO**.

For more information see the Google support page [**Automatically forward Gmail messages to another account.**](#)

Retrieve Email from your Other Email Accounts using Gmail

Configure your gmail account to **retrieve email** from your other email accounts:

If the email account you want to retrieve email from is a gmail account, you will need to enable POP on that gmail account. See [Configure Forwarding in Gmail](#) to forward your emails from another gmail account.

- If necessary, enable POP on the gmail account **FROM** which you want to retrieve email.
 - Instructions for enabling POP on your gmail account are available from Google here:
[Read Gmail messages on other email clients using POP.](#)
- To retrieve emails from another account to your Gmail, see Google's help page: **[Check emails from other accounts.](#)**
 - Then, follow the instructions under the "**Get all messages**" section. To import old archived emails, see the "**Get only old messages**" section.

See the page **[Fix problems importing mail](#)** for troubleshooting issues.

Using Filters in Gmail to Organize Incoming Mail

Did you know you can use filters to automatically label, archive, delete, star, or forward your mail based on keywords, senders, recipients, and more? Start to organize your mail with these simple steps.

To create a new filter:

1. In Gmail go to Settings (at the top-right under the gear icon) --> Filters and Blocked Addresses --> Create a new filter
2. Enter your filter criteria in the appropriate field(s). You can enter information in one or several fields to specify what to filter:
 - "From" - emails from a specific email address
(ex. "studentbody@mlml.calstate.edu, another personal address you have set up to forward, or an E-newsletter you receive)
 - "To" - emails sent to a specific address
(ex. "faculty@mlml.calstate.edu, or a listserve you belong to)
 - "Subject" - any emails with keywords in the subject
(ex. "Open House" or "Seminar")
 - "Has the words" - any emails with these keywords in the body of the email
(ex. a grant number or the name of a class you are taking)
 - "Doesn't have" - any emails without keywords
3. Click **Create a new filter**.
4. Select one or more actions from the list. These actions will be applied to messages matching your filter criteria in the order in which the actions are listed
 - For example, choose to apply a certain label to your filtered emails so it places them in categories (like folders); or you could choose to Forward matching messages to a specific email address, then Delete the messages; or you could send certain messages directly to the archive so that they don't clutter up your inbox.
5. If you'd like to apply this filter to messages already in Gmail, select the checkbox "Also apply filter to x matching conversations".
6. Click Create Filter.

To create a filter from within a message:

1. Click the drop-down menu (three vertical dots on the upper right).
2. Select Filter messages like this.
3. Enter your filter criteria in the appropriate field(s) as described above.

To edit or delete existing filters:

1. Click Settings --> Filters and Blocked Addresses.
2. Find the filter you'd like to change and click its edit link, or click delete to remove the filter.
3. If you're editing the filter, enter the updated criteria for the filter in the appropriate fields, and click Next Step.
4. Update any actions and click Update Filter.

You can create an unlimited number of filters, but only 20 filters can forward to other addresses. You can maximize your filtered forwarding by combining filters that send to the same address.

More information on this topic can also be found [here](#).

Free Up Space in your Gmail Account

WARNING!: *Before deleting any email messages or attachments from your Gmail account, be sure to backup any important email messages to your computer using an email client or Gmail Backup. Instructions for backing up email messages are located [here](#).*

There are a few different methods to free up space in your Gmail account:

1. Use the Gmail web interface (described below)
2. Use [IMAPSize](#) to delete large attachments (Windows only)
3. Use an email client - see this Knowledge Base post: [Delete Batches of Email Using an Email Client](#)

Delete messages using the Gmail web interface: The easiest and fastest way to free up space in your Gmail account is to delete batches of email messages within a specific date range using the web interface

1. Login to your Gmail account: <https://mail.google.com/a/mlml.calstate.edu/>.
2. Click the **All Mail** link on the left side of the page.
(You may have to click the "more" link for the All Mail link to be visible)
3. Enter the date range in the search box in the following format: **before: YYYY-MM-DD**
(For example to search for mail from 2008 and earlier, enter: "before: 2009-01-01")
4. Click the **Select All** link (the little blank box with downward arrow in the upper-left corner of the panel), then click the **Select all conversations that match this search** link
5. Click the **Delete** button to delete all email messages contained within the date range of the search. The email messages are then moved to the Trash.
6. Click the **Trash** link, then click **Empty Trash now**.
7. Click OK to confirm.

To free up space in your local email client software, and avoid duplication, when syncing from gmail:

1. Navigate to the **gear** icon at the top right. Click it.
2. In the menu that drops down, click **Settings**.
3. Go to the tab **Forwarding and POP/IMAP**.
4. In the "IMAP Access" confirm that **IMAP is Enabled**.
5. Now, go to the **Labels** tab.
6. Uncheck the **Show in IMAP** box to the right of **All Mail**
7. These settings should autosave, exit the settings dialog.
8. **Get Mail** or the equivalent, from your mail client software. This should now sync, and keep your mail client from downloading duplicate emails.

Exporting Gmail Contacts

You can quickly export your Gmail Contacts list into a downloadable file. Here's how:

1. Go to [Google Contacts](#).
2. From the **More** drop-down menu, select **Export...**
3. Choose whether to export all contacts or only one group.
4. Select the format in which you'd like to export your contacts' information. Please note, some of these formats can lose some contact information.
 - To transfer contacts between Google accounts, use the **Google CSV format**. This is the recommended way to back up your Google Contacts.
 - To transfer contacts to Outlook, Yahoo! Mail, Hotmail, or various other apps, use the **Outlook CSV format**.
 - To transfer contacts to Apple Address Book, use the **vCard format**.

Gmail

How do I attach a signature in Gmail?

Gmail signatures are text that appear at the footer of your email message. Email signatures can be tested by composing a new email message. Your signature should appear at the bottom of your email message.

For more information on creating a Gmail signature click [here](#).

How do I keep certain emails from ending up in Junk Mail in Gmail?

You can 'whitelist' an email address to ensure it is not marked as Junk Mail by Gmail.

In Gmail, if a message is inappropriately identified as spam, you can unmark the message. Just select the message, and click the "Not Spam" button that appears at the top and bottom of your current view. Marking a message as "Not Spam" will result in the email message being automatically moved to your Inbox.

Alternatively, if you would like to prevent this in the future, you can add the sender's email addresses to your Contacts list. Click [here](#) for instructions to import your contacts into Gmail.

How does Gmail filter spam and viruses?

According to Google's website:

"Google has one of the best spam blockers in the business, and it's integrated into Google Apps. Spam is purged every 30 days. We have built in virus checking, and we enforce checking of documents before allowing a user to download any message. Most computer viruses are contained in executable files, so standard virus detectors scan messages for executable files that appear to be viruses. Google blocks viruses in the most direct possible way: by not allowing users to receive executable files (such as files ending in .exe) that could contain damaging executable code; even if they are sent in a compressed (.zip, .tar, .tgz, .taz, .z, .gz) format."

For more information on how Google filters Spam and viruses please see the [Google Security Services](#) website.

Gmail

How do I import my contacts into Gmail?

If you need to export your contacts first [click here](#).

Instructions for importing contacts from a CSV file can be found in Gmail Help here:

[https://support.google.com/mail/answer/ ... ic=3397492](https://support.google.com/mail/answer/...ic=3397492)

For more information see:

[https://support.google.com/mail/answer/ ... ic=3397492](https://support.google.com/mail/answer/...ic=3397492)

Gmail

How do I setup an email auto-reply on Gmail?

For instructions on setting up an email auto-reply on Gmail [click here](#).

Can I create folders in Gmail?

Unfortunately, Gmail does not currently support folders. There are two ways you can manage emails.

Using an email client:

You can create folders and manage your email using an email client on your personal computer. Then sort all of your email into organized/categorized folders or a single folder in an email client and only leave email messages in your inbox that you are currently using.

Using SJSU Gmail:

Gmail allows you to "label" your email messages to help you sort your email into categories. If you would like to see all emails under a certain label, the categories can be found on the left hand side under "Labels". Once messages are labeled, you can archive these emails. Archiving messages moves them out of your "Inbox" but they remain in "All Mail", letting you tidy up your inbox without deleting anything. You can also speed up your inbox by moving messages into your "Archive".

For information on creating and managing labels in Gmail, please refer to the Google Apps Help Center, "Labeling Mail" help topic, [Click here](#).

Setting Up Gmail Desktop Notifications

Set up desktop notifications to avoid missing important messages from your email.

1. Sign into your gmail account.
2. Click the **cog icon** in the upper right corner and select **Settings**.
3. Under the **General** tab, scroll to the **Desktop Notifications section**.
4. Select one of the options listed:
New mail notifications on ← Recommended
Important mail notifications on
Mail notifications Off
5. Once selected, scroll down to the bottom of the page and click **Save Changes**.

Gmail: Send Emails from a Google Group or Alias

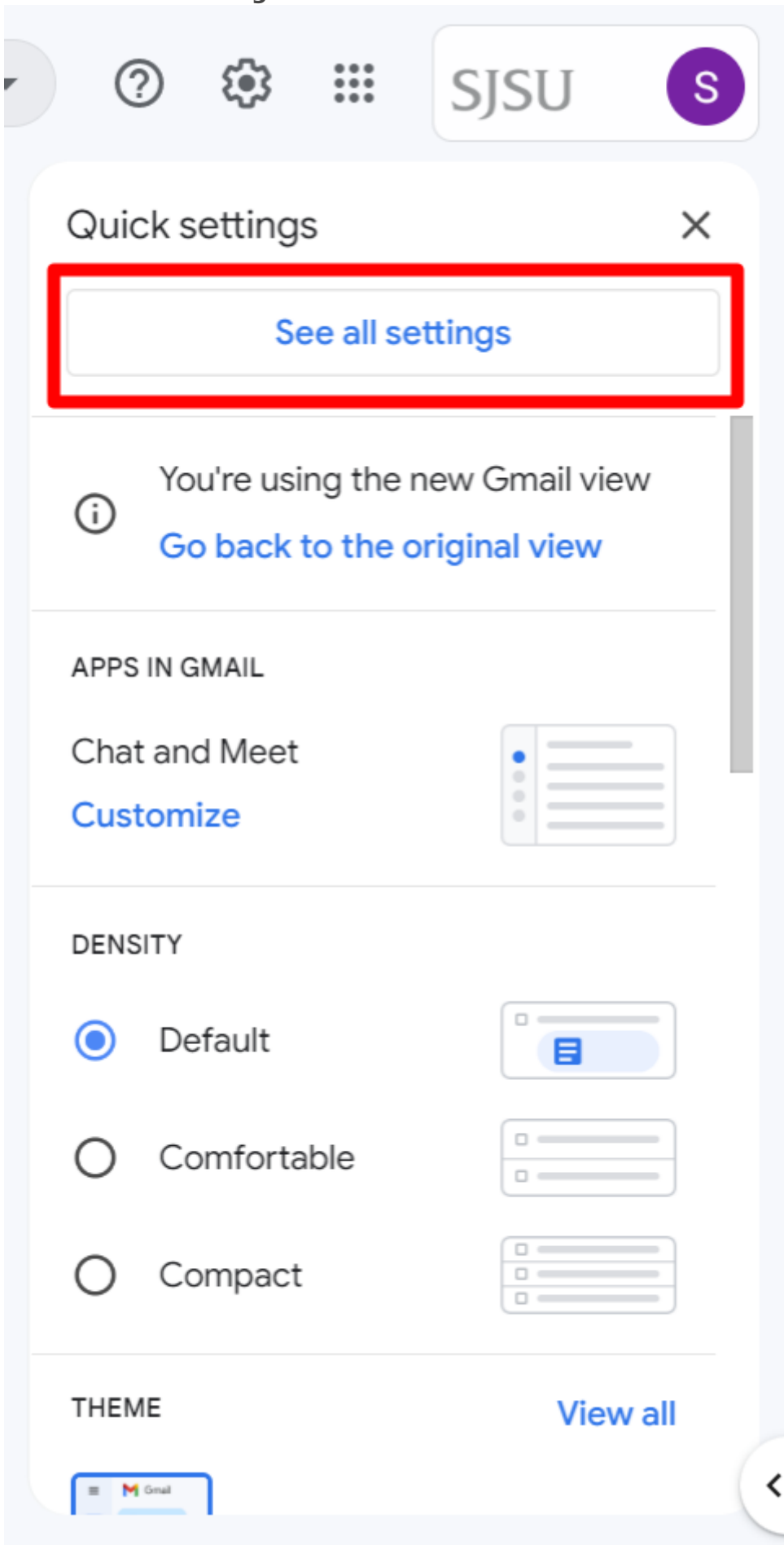
If you have an alternate email that you would like to send emails from through your gmail account or if you are apart of a Google Group and need to send emails on its behalf, follow the instructions below to add the addresses.

Add an Address You Own

1. Navigate to gmail.com and login to you **SJSU gmail account**
2. In the top right, click the **gear symbol**



3. Select **See all settings**



4. Click the **Accounts and Import** or **Accounts** tab

Settings

[General](#) [Labels](#) [Inbox](#) **[Accounts and Import](#)** [Filters and Blocked Addresses](#) [Forwarding and POP/IMAP](#)
[Add-ons](#) [Chat and Meet](#) [Advanced](#) [Offline](#) [Themes](#)

5. In the "Send mail as" section, click **Add another email address**.

Settings

[General](#) [Labels](#) [Inbox](#) **[Accounts and Import](#)** [Filters and Blocked Addresses](#) [Forwarding and POP/IMAP](#)
[Add-ons](#) [Chat and Meet](#) [Advanced](#) [Offline](#) [Themes](#)

Change account settings: [Google Account settings](#)

Change your password and security options, and access other Google services.

Import mail and contacts: Import from Yahoo!, Hotmail, AOL, or other webmail or POP3 accounts.

[Learn more](#)

[Import mail and contacts](#)

Send mail as:

(Use SJSU Mail to send from your other email addresses)

Samuel Sherrill <samuel.sherrill@sjsu.edu>

[edit info](#)

[Add another email address](#)

[Learn more](#)

Check mail from other accounts:

[Add a mail account](#)

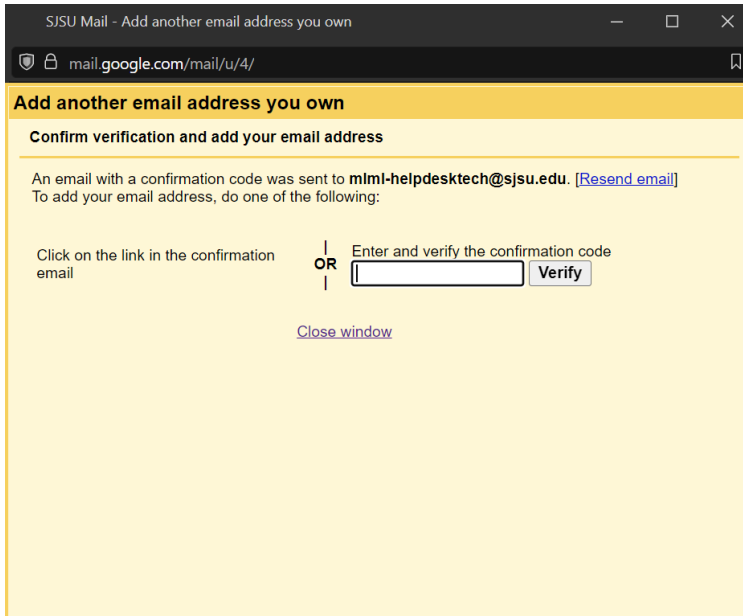
[Learn more](#)

6. In the pop-up window, enter your **name** and the **address** you want to send from. Leave treat as an alias checked.

The screenshot shows a web browser window titled "SJSU Mail - Add another email address you own". The address bar shows "mail.google.com/mail/u/4/". The page has a yellow header with the title "Add another email address you own". Below the header, it says "Enter information about your other email address. (your name and email address will be shown on mail you send)". There are two input fields: "Name:" and "Email address:". Below these fields, there is a checkbox labeled "Treat as an alias." which is checked, followed by a link "Learn more". Below that is a link "Specify a different 'reply-to' address (optional)". At the bottom, there are two buttons: "Cancel" and "Next Step »".

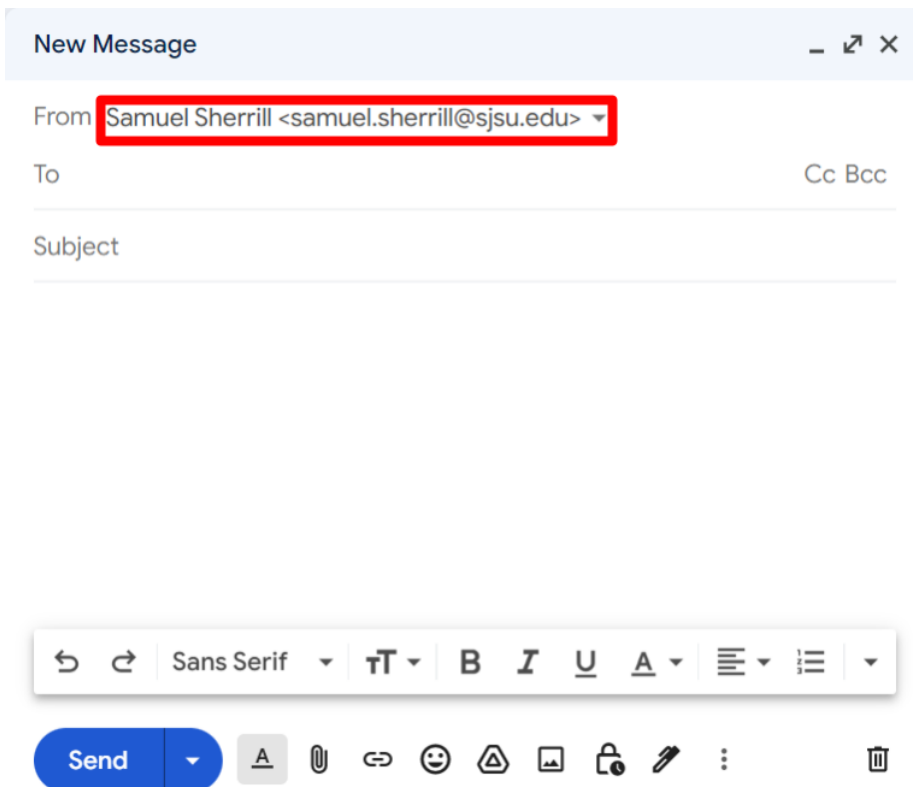
7. Click **Next Step** and **Send verification**

8. Check the address you are adding for the verification email and click on the link or enter the verification code in the pop-up window.



Sending Emails using an Added Address or Alias

1. Click **Compose** in the top left corner to start a new email draft
2. Click the **From** address line located above the **To** address line. A dropdown menu will appear to change the email.



3. To test that you were successful, you can send an email to yourself from the newly added address.

4. **Note:** Sending emails from a Google Group or Alias are the same once the address has been added to your account.

For more information and troubleshooting, visit this [gmail help website](#).

Using a Delegated Gmail Account

If you are a user or requester of a delegated account, please read all the information on this page carefully

- Delegated Gmail accounts are the secure and modern method for sharing an email address with a group of people.
- Rather than sharing a username and password with all users of the account, it can be **"delegated" to each user's personal account.**
- You'll log in to the shared inbox by launching it from your personal [SJSU Gmail inbox page](#).
- IT will manage which users have access to the account.
- You don't need to worry about changing the password if someone leaves your group.

Adding or removing users from an account:

- Create an [IT Help Desk Ticket](#).
- Include the **name** and **SJSU email address** of the user(s) that you wish to add or remove, as well as justification
 - e.g. "this person needs to be added to this account because they just joined our lab" or "this person needs to be removed from this account because they left their position here".
- They will receive an email from Google prompting them to accept the account.
- The user must accept the account within 10 days, or it will expire and will need to be sent again.

How to use an account that's been delegated to you:

- When you are added to a shared account, you'll receive an email like this:

Moss Landing Marine Labs IT has granted you access to their SJSU account -- accept or deny?



delegation-...@google.com

to me ▾

Hi Theo,

Moss Landing Marine Labs IT Mailbox <mlml-it@sjsu.edu> has granted you <theo.kell@sjsu.edu> access to read, delete and send mail on their behalf.

To accept this request, please click the link below:

<https://mail-settings.google.com/mail>

To reject this request, please click the link below:

<https://mail-settings.google.com/mail>

To learn more about why you might have received this message, please visit: <http://support.google.com/mail/bin/answer.py?answer=138350>.

Please do not respond to this message. If you'd like to contact the SJSU Team, please log in to your SJSU account and click 'Help'.

- Click the link under "To accept this request..." and click **Confirm** on the page that opens.
- Now, when you click on your profile picture at the top-right corner of your SJSU Gmail Inbox Webpage, you'll see the delegated inbox:

The screenshot shows the top of a Gmail inbox. At the top, there's a navigation bar with a dropdown menu labeled 'Active', a help icon, a settings gear, an app drawer icon, the 'SJSU' logo, and a profile picture of Theo Kell. Below this, a blue banner states 'This account is managed by sjsu.edu. [Learn more](#)'. The main profile section features Theo Kell's profile picture, name 'Theo Kell', email 'theo.kell@sjsu.edu', and a 'Manage your Google Account' button. Below this, a section for 'Delegated' accounts shows 'Moss Landing Marine L...' with email 'mlml-it@sjsu.edu'. There is also an 'Add another account' button with a person icon. At the bottom, there is a 'Sign out of all accounts' button and links for 'Privacy Policy' and 'Terms of Service'.

- Click on it to open the delegated inbox. It will appear and work just like a regular Gmail inbox.

Other information about delegated accounts:

- Multiple people can use a delegated account at the same time.
- Delegated accounts **cannot be used on mobile devices**, or with third-party email programs like Outlook and Apple Mail.
- By default, when you send an email from a delegated account, **it will display the individual who sent the email to recipients**, like this:



Moss Landing Marine Labs IT Mailbox <mlml-it@sjsu.edu> (sent by theo.kell@sjsu.edu)
to me ▾

If you want to disable this, so that recipients only see the address of the shared account, please file an [IT Help Desk ticket](#) with that request.

- Delegates can change most settings in Gmail, but some are restricted. If you want to change an advanced setting (such as the display name of the account), please file an [IT Help Desk ticket](#).
- You can also delegate **Google Calendar** and **Contacts** access. Contact IT if you want to enable this for your group.
- If you want to **transfer your email archive from an old account**, a member of IT will need to retrieve the authentication code for you. Contact IT before attempting this.
- You can set up **email forwarding from another Gmail address** just like with any other account.
- There can be no more than 25 users sharing an account.
- Google's support website has more information about delegated accounts:
<https://support.google.com/mail/answer/138350>

Email Client Software

Save and Use Messages as Templates in Mac OS Mail

To save a message as a template in macOS Mail:

1. Open Mail.app > Mailbox (in menu bar) > New Mailbox.
2. Select for the mailbox and type "Templates" into the name field.
3. Create a new message.
4. Edit the message to contain anything you want in the the template.
 - o You can edit and save the message subject, contents, recipients and/or the message priority.
5. Select, File > Save as Draft from the menu.
6. Close the message editing window.
7. Go to the Drafts folder.
8. Move the message you just saved from the "Drafts" folder by dragging it to the "Templates" folder.

To use a message template in macOS Mail to create a new message:

1. Open the "Templates" folder containing the desired message template.
2. Highlight the template you want to use for the new message.
3. Select Message > Send Again from the menu.
4. Edit and send the message.

You can also use any message you previously sent as a template by copying it to your "Templates" folder (or using Message > Send Again directly). To edit a template, create a new message using it, make the desired changes and the save the edited message as a template as described above while deleting the old template.

Where does my email client store my email?

Windows:

Outlook: C:\Users\<username>\AppData\Local\Microsoft\Outlook

Mac OS X:

Eudora: /Macintosh HD/Users/<username>/Library/Qualcomm/Eudora/

Entourage 2004: /Macintosh HD/Users/<username>/Documents/Microsoft User Data/Office 2004 Identities/Main Identity/

Entourage 2008: /Macintosh HD/Users/<username>/Documents/Microsoft User Data/Office 2008 Identities/Main Identity/

Email Configuration: IMAP or POP3?

Use POP if you...

...are the type of computer user who will only access your email using one email client (in this case Outlook). This way all your email is downloaded to your computer and you will always have access to your email whether you are online or offline. (If you use this setting, I recommend that have a robust backup system, since the only copy of your email will reside on your personal computer. You can configure Outlook to leave a copy of your email on the server, but you have a limited amount of storage on the server, so your email box could reach capacity and you will no longer receive email until you free up space.

Follow the instructions in the following [link](#) for steps to configure POP.

Use IMAP if you...

...access your email from multiple locations or devices and you are confident that you can configure your email settings properly. The IMAP email protocol enables a user to access their email from multiple interfaces while maintaining the presence and status of all the emails in your account (i.e. read vs un-read, replied/forwarded, deleted/moved/sorted, etc.). This is essential if you access your email from your computer in your office, your computer at home, your smartphone, a web browser on a shared computer, etc. The thing about IMAP is that you need to make sure it's configured to download the entire email message and attachments and you'll want to backup your emails to the local hard drive on one of your computers (gmail offers backup guarantees, but they are limited). I recommend IMAP to most computer users. It's especially helpful if you don't have access to your computer for some reason (because it crashed, or you forgot your power supply, or your dog ate it).

Follow the instructions in the following [link](#) for steps to configure IMAP.

Please remember that these are simply my personal preferences and recommendations, you are responsible for configuring, maintaining and backing up your own email. I cannot take responsibility for lost email or other problems that can result from improperly configured email clients.

Compact Thunderbird Folders

[OLD] Compact Folders in Thunderbird to improve performance and reliability

To compact folders manually:

1. Open Thunderbird.
2. Select **Compact Folders** from the **File** menu.
3. Wait for the folders to compact.

To compact folders automatically (recommended):

1. Open Thunderbird.
2. Go to Tools > Options > Advanced > Network & Disk Space > Disk Space.
3. Set Thunderbird to "Compact folder when it will save over 100 kB".
4. Click OK.

More information about compacting folders in Thunderbird is available here:

http://kb.mozillazine.org/Compacting_folders

Delete Batches of Email using an Email Client

You can Delete email messages from the Gmail All Mail folder using your email client:

Apple Mail:

1. Open your email client. (For this example I'll use Apple Mail)
2. Configure your email client as recommended in Gmail Help:

[http://mail.google.com/support/bin/answer.py?answer=78892#](http://mail.google.com/support/bin/answer.py?answer=78892)

- Be sure that you configure Mail > Preferences > Accounts > Mailbox behaviors > Trash > [Gmail]/Trash
- Open Window > Activity - so you can view the progress of the email move operations
- Backup your email messages to a folder on your local computer using your email client. (I recommend creating yearly archive folders for your incoming and outgoing email messages as follows):
 - On My Mac (Local Folders)
 - ARCHIVE
 - IN
 - 2008
 - 2009
 - OUT
 - 2008
 - 2009
- Move your email messages (500 - 1000 at a time) from your Inbox and Sent folders to the corresponding folders in your email archive. (Watch the Mail Activity window and wait until the move operation completes before moving the next set of emails or proceeding to the next step)
- Verify that you have backed up all your email messages locally as described in the previous step and that the Mail Activity window indicates that there is no longer any email activity, then quit Apple Mail and restart the application.
- Synchronize your gmail account with Apple Mail (Mailbox > Synchronize "Google")
- Quit Apple Mail and restart the application.
- Now that you have backed up all your email messages and synchronized your email account, you can start deleting email messages from the Gmail All Mail folder.

- Click on the **[Gmail] / All Mail** folder in Apple Mail.
- Move your oldest email messages, 500 - 1000 at a time, from "[Gmail] Gmail / All Mail" to the "[Gmail] / Trash" folder.

(Watch the Mail Activity window and wait until the move operation completes before moving the next set of emails or proceeding to the next step. It is recommended that you move and delete less than 5000 emails per day.)

- Synchronize your gmail account with Apple Mail (Mailbox > Synchronize "Google")
- Verify that the Mail Activity window indicates that there is no longer any email activity, then quit Apple Mail and restart the application.
- Login to the SJSU Gmail web interface and click on **Trash**.
- Click the **Empty Trash now** link. Click OK to confirm.
- Click on **All Mail** then click **Oldest** to verify that the email messages have been deleted from All Mail.

Best practices for using your SJSU Google Workspace account

LinkedIn Learning

- Through San Jose State University, you get free access to [LinkedIn Learning](#), a service which contains a huge number of valuable courses on a variety of topics. We recommend that you explore all the topics available on LinkedIn Learning, but especially suggest you check out these three classes on advanced Google Workspace features:
 - [SJSU G Suite: More than just Gmail](#)
 - [SJSU G Suite: Productivity Power](#)
 - [SJSU G Suite Advanced Features](#)
-

Gmail

- Use [conversation view](#) (the default) to organize your emails more intuitively than traditional email inboxes
- Use [categorized inbox](#) to automatically sort your incoming mail based on content.
- Send messages to other people with SJSU accounts even if you don't know their email address:
 - Google Workspace Directory means that everyone with an SJSU email address is already in your contacts.
 - If you don't know someone's contact info, just start typing their name into a new email, Chat message, Calendar event, or Google Drive "share" box, and their email address will come up automatic

- [Delegate your email inbox](#) to somebody else, or to a group of people.
 - A delegate will be able to access your email account without knowing your password.
 - This feature is useful if a team needs to access the same account, or if you have an assistant.
 - Use [Gmail templates](#) to store a template of a message and quickly use it to send new emails.
 - Use [Gmail offline](#) to view emails when you are not connected to the internet.
 - Only works in Google Chrome.
-

Calendar

- [Share your Calendar](#)
 - You can share your free/busy schedule with anyone at SJSU, to make it easy for other people to schedule meetings with you
 - You can make your schedule available to others without sharing the details of the events - it's not a security risk.

- Share event details with specific people, like your manager and others that you work closely with
 - Schedule a Zoom meeting directly from your Calendar by clicking **Add video conferencing**
 - [Create appointment slots](#) to make it easy for many people to schedule appointments with you during a set duration.
 - Appointment slots are especially useful for office hours.
-

Google Drive

- Only use your “My Drive” account folder for “personal” work documents that you do not need to share with others.
- Use [Shared Drives](#) for any work that is shared by a team of people
 - Rather than individual files or a folder with your team, a Shared Drive is not owned by any specific account, so if someone leaves a team or takes over a project, you don’t have to worry about which files were stored in their Drive.
 - You can add people to the Shared Drive and they will automatically get access to all files inside it.
 - People can be assigned various levels of permissions over the Shared Drive and files inside it.
 - You can still share and change permissions on individual files within the Shared Drive if you want more granular control.
- Use [Google Drive for Desktop](#) to sync files between computers, and back up files to the Google Drive cloud.
 - Google Drive for Desktop is similar to Dropbox and other cloud syncing programs, but with your SJSU Google account, you get *unlimited storage*.
 - Sharing is also integrated with the Google Workspace directory, making it easy to share files with anyone else at MLML and SJSU.
 - You can use Google Drive for Desktop to access files without the internet

- You can sign in with multiple Google accounts. Each account syncs to its own folder on your computer, as well as any Shared Drives you have.
-

Google Groups

- You can create your own Google Groups at groups.sjsu.edu. Groups are like bulletin board systems, which can be used to send messages to and start conversations with members of the group.
 - Make sure to always have a backup “owner” of your Group to make sure no one gets locked out.
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Contacts

- Sync your Google Contacts to an iPhone using this guide: [Configure email on your phone and other third-party email programs](#)
 - You can [delegate access to your contacts](#) just like with a Gmail inbox.
-

Google Chat

- [Google Chat](#) has nearly all of the functionality of professional workspace messaging systems like Slack and Microsoft Teams, with the big benefit that you can message anyone with an SJSU account or even external Google accounts.
- Three types of conversations:
 - One-on-one with another person.
 - Groups, which are like text message groups where every person gets notified. Best for small groups where everyone is involved.
 - Rooms, which are more like channels in Slack. Each topic is a new thread, and people can choose which ones they want to be notified for. Best for large groups, like an entire lab, where each conversation may not be relevant to every participant.
- You can use Chat from within the Gmail webpage and Gmail phone apps, or you can use the separate Chat apps for [Desktop](#), [Android](#), and [iOS](#).
- Use the @Zoom chatbot to start a Zoom meeting with the members of any chat.

- Google also includes a video conferencing service called Meet, but we recommend that you use Zoom. It has more features and is integrated with other SJSU services.
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Third-party Accounts:

- You may have signed in to other websites and services, such as Dropbox, Apple iCloud, LinkedIn, and many more, with your MLML email address in the past. Though you may not even remember all of them right now, we recommend working on switching them to using your SJSU email address.
 - In particular, you may have used your email address to get educational discounts or free services. SJSU accounts should have access to all these and possibly even more. Visit the [SJSU software webpage](#) for more information.
 - Most websites will make it simple to change your email address; just log in and locate your account settings.
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Duo

- You should already be familiar with Duo, which is SJSU's solution for 2-factor authentication on your account.
 - The [MLML Duo documentation](#) covers the options you have for signing in.
 - We recommend using the mobile app, or a hardware token if you do not have a smartphone/tablet with reliable internet access.
 - File an IT Helpdesk Ticket if you need a hardware token.
 - SMS and phone call authentication are not supported.
 - Duo Mobile is accessible under Section 508 of the Rehabilitation Act of 1973.
 - U2F/FIDO hardware keys are technically supported, but only work for authentication within browsers and not other applications like the VPN.
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Google Security Checkup

- Use [Google Security Checkup](#) to review:
 - The devices and browsers you're signed into
 - Recent activity on your Google account
 - Your methods of authentication

- Third-party apps with access to your Google account
 - Your saved passwords
-

Using SJSU Google Services on Apple Operating Systems

- Use the official Google Apps ([Gmail](#), [Calendar](#), [etc.](#)) rather than the built-in Apple apps.
 - Apple's apps are not compliant with Gmail features and standards.
- There are two exceptions:
 - Sign into the iOS Mail app and enable only contact syncing, as outlined in this guide: [Configure email on your phone and other third-party email programs](#)
 - On a Mac, sign into the Calendar app so you can get desktop notifications even when your browser is closed.

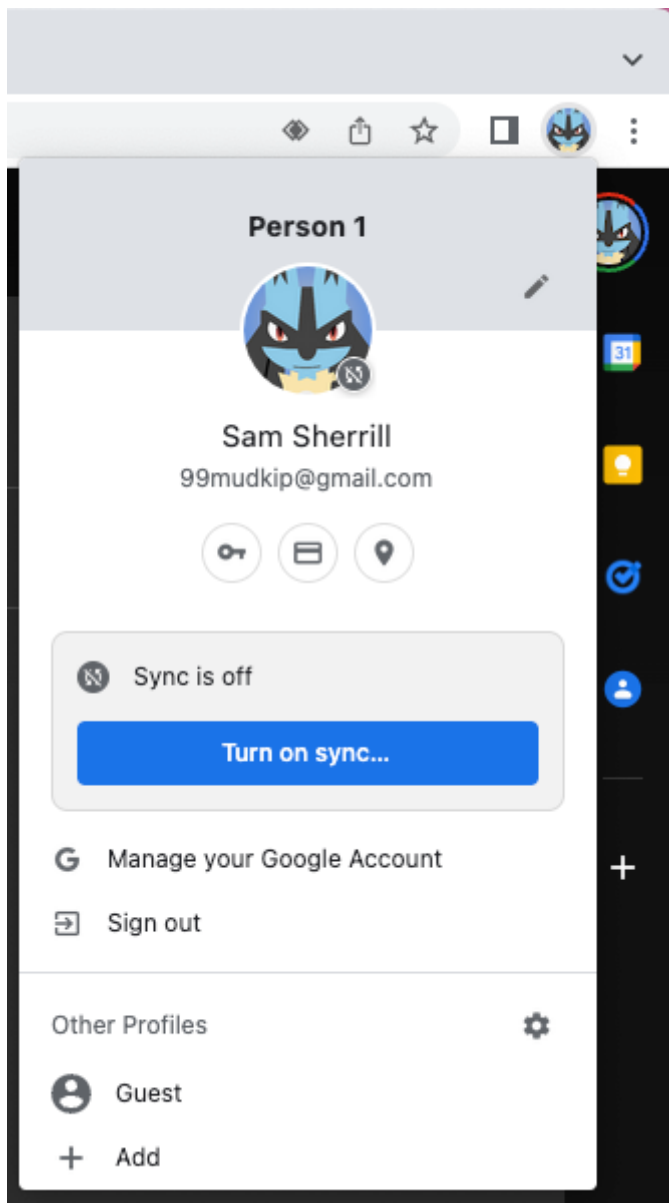
Use multiple Google accounts simultaneously with browser profiles and containers

Both Google Chrome and Mozilla Firefox provide features that allow you to use multiple Gmail accounts at the same time, but keep them separate. This is helpful if you want to use some websites while signed into your SJSU Gmail account and others signed in with your personal account or an account from another facility, and avoid confusion about which is which.

Chrome:

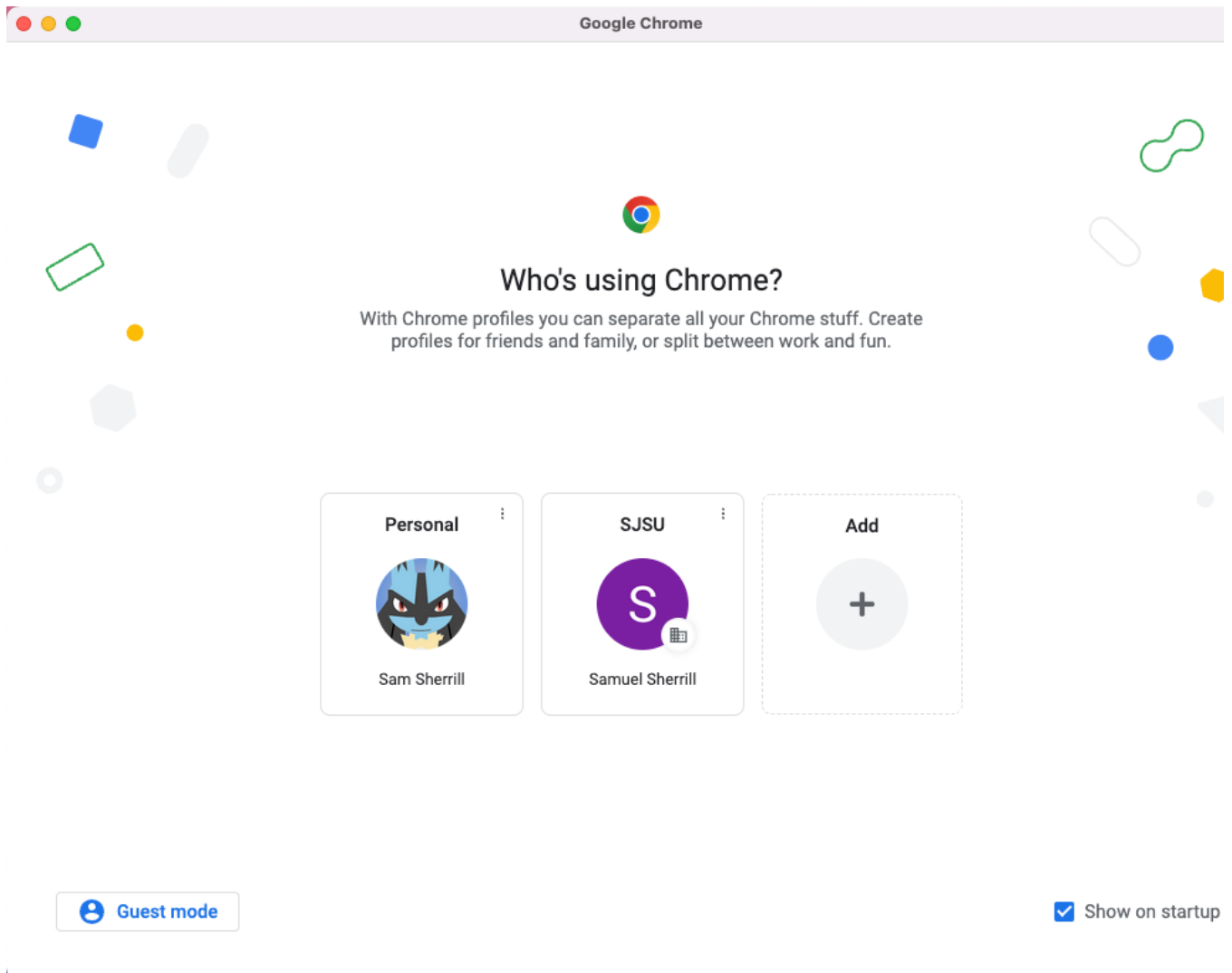
Google Chrome lets you sign into multiple Google accounts each with its own window. Each profile will be completely separate, with its own bookmarks, browsing history, browser add-ons, and stored passwords. This is useful for keeping your personal information and bookmarks separate from your work/school accounts, as well as keeping multiple work/school accounts separate from each other.

1. Open **Chrome** and click your **profile icon** in the top right.

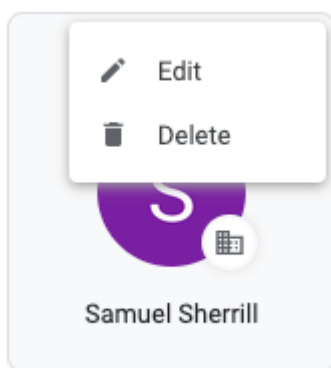


2. At the bottom of the menu that appears, click **+ Add**.
3. A new window will appear. Sign in with the Google account that you wish to add.
 - **NOTE:** If you are signing into an SJSU account, you will be redirected to a webpage to login with your SJSU ID and authenticate with Duo.

- Now that you have added a second profile, when you launch Chrome you will be presented with a window showing all of your profiles and letting you choose which one you want to launch



- Click the icon with three vertical dots on each profile to access its preferences



- Set a different browser theme and picture for each one, so you can tell which account you are using at a glance.
- You can also create a desktop shortcut for each profile (Windows only).



8. We recommend creating at least two profiles:

- One for your personal email and non-MLML-related usage.
- One for your SJSU Google account.

An important note about applications that use Single Sign-On (SSO), like Zoom, Google Drive for Desktop, and Adobe Creative Cloud:

- When you sign in to these applications, they open a browser window, so you can authenticate with whichever accounts you are already signed into in your browser.
- If you try to use an SSO application with Chrome's multiple browser profiles, Chrome will open the sign-on page in whichever profile you most recently clicked on.
- To ensure that SSO applications work correctly, simply ensure that you click on the appropriate Chrome window (in which you are signed into the account that will be used with the app) before clicking the sign in button in the app itself.

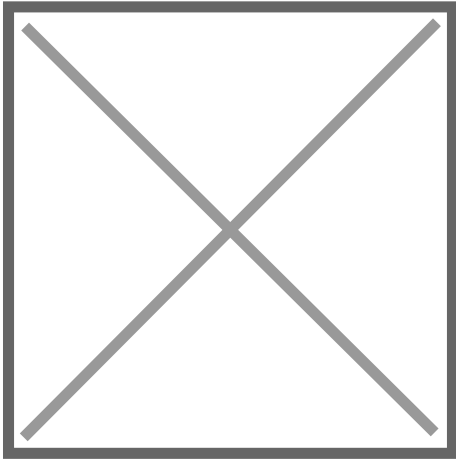
For more documentation on Google Chrome profiles, view [the Google help page](#).

Firefox:

Firefox uses a different approach for allowing you to keep accounts separate. Rather than completely separate browser profiles, Firefox lets you open tabs in different “containers”, each of which has its own accounts and stored cookies. Bookmarks, browsing history, and browser add-ons, however, are shared across all containers.

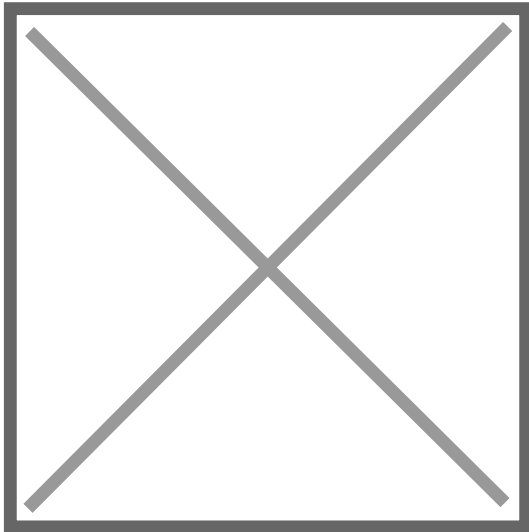
1. To use Firefox containers, install [this official browser add-on](#) from Mozilla.

2. When the add-on is installed, you will see a new button in the **top right corner** of the Firefox window.



3. Clicking one of the containers in the bottom section will open a new tab in that container. You can have any number of tabs in any container open.
4. Containers will be differentiated by the colored line across the top of each tab

5. Clicking **Manage Containers** will allow you to create, edit, or delete your containers.
- Firefox comes with a few by default (Personal, Work, Banking, Shopping), but we recommend that you make one container for your SJSU Google account and another one for your personal Google account.



6. You can also click **Always Open This Site in...** to assign a website to a particular container.
- For example, you could assign one.sjsu.edu to your **SJSU** container, so if you click a link in another tab, it will be switched over to the appropriate container with your SJSU account.

An important note about applications that use Single Sign-On (SSO), like Zoom, Google Drive for Desktop, and Adobe Creative Cloud:

- When you sign in to these applications, they open a browser window, so you can authenticate with whichever accounts you are already signed into in your browser.
- If you try to use an SSO application Firefox containers enabled, it will not open in any container by default, and you may not be able to reopen the sign-on page in a particular container since it may use a unique link that only works once.
- To ensure that SSO applications work correctly, you can assign the application's sign-in page to the appropriate container, as described above. If this doesn't work, you may need to use a different browser to sign in.

For more documentation on Firefox containers, view the [Mozilla help page](#).

Configure email on your phone and other third-party email programs

iOS (iPhones and iPads):

We do not recommend using Apple's built-in apps for email and calendar on your iPhone or iPad because they lack support for many features in Gmail and Google Calendar.

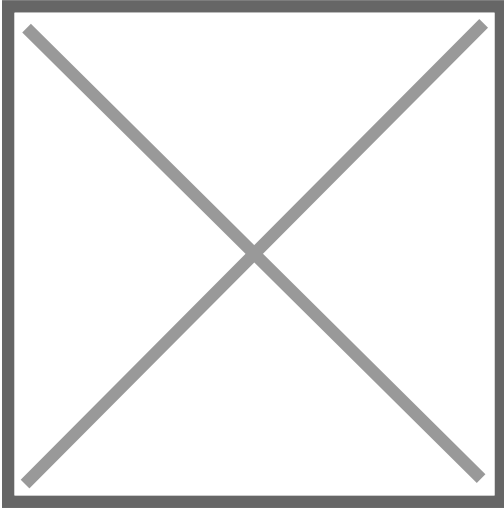
Instead we recommend downloading the following apps from the App Store:

- [Gmail](#)
- [Google Calendar](#)
- [Google Drive](#)
- [Google Tasks](#)
- [Google Chat](#)
- [Google Chrome](#) (if you want to sync your bookmarks, passwords, and browsing history with Chrome on your computer)

If you have already signed into Apple's Mail app with your Gmail account, we recommend only syncing your contacts.

1. Open the Settings app
2. Scroll to find Mail and click on it
3. Select your gmail account

4. Enable Contacts only



macOS:

Similarly to iOS, we do not recommend using the built-in macOS apps like Mail and Calendar, and instead using the G Suite's webpage interfaces.

Android:

We recommend using Gmail and other Google apps on Android. Nearly all Android phones will have these apps preinstalled. For instructions on how to sign in, follow [this guide](#).

Desktop Mail Programs

Third-party desktop email programs, like Microsoft Outlook, are not recommended. If you need to access your email offline, you can enable offline access by following [these instructions](#).

If you really want to use a desktop email program, follow these instructions to log in with Gmail:

- [Outlook](#)

- [Other third-party apps](#)