

# How do I import my contacts into Gmail?

If you need to export your contacts first [click here](#).

Instructions for importing contacts from a CSV file can be found in Gmail Help here:

[https://support.google.com/mail/answer/ ... ic=3397492](https://support.google.com/mail/answer/...ic=3397492)

For more information see:

[https://support.google.com/mail/answer/ ... ic=3397492](https://support.google.com/mail/answer/...ic=3397492)

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