

# Recommended Anti-Malware Software

We recommend downloading an antivirus and anti-malware program. To keep your computer secure, make sure that you keep your antivirus/anti-malware software up to date.

## Windows 7 and **older**

- [Microsoft Security Essentials](#) - Unobtrusive, effective, and free.
- [Malwarebytes Anti-Malware](#) - Has solid malware definitions. Run when you suspect that Microsoft Security Essentials missed something, although it doesn't hurt to run it more often.

## Windows 8 and **newer**

- **Windows Defender** - The successor to Microsoft Security Essentials, included with the operating system. You don't have to install any extra software.
- [Malwarebytes Anti-Malware](#) - Has solid malware definitions. Run when you suspect that Windows Defender missed something, although it doesn't hurt to run it more often.

## macOS

- [ClamXAV](#) - An antivirus software for Apple Macintosh provides full disk virus scans, scheduled scans and updates for times that suit you, automatic scanning of new downloads, quarantining infected files, and much more. Consider installing the free 30-day trial initially.
- [Malwarebytes Anti-Malware](#) - Has solid malware definitions in addition to an effective heuristics engine that will check your computer for software with suspicious behavior.

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