

# Recommended Operating Systems: MacOS & Windows

IT highly recommends using either **macOS** or **Windows 10** operating systems. Keeping your operating system up to date with the most current upgrades available will allow your system to run at optimal performance and security levels.

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## macOS

Apple provides free upgrades to newer operating systems when they become available.

### Big Sur

- Apple's newest version of macOS
- Compatible with these computers: <https://support.apple.com/en-us/HT211238>

Once you have installed the latest operating system available, keep it up-to-date by enabling automatic updates by following the instructions [here](#).

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## Windows

Microsoft's newest operating systems must be purchased before being installed.

### Windows 10

- Microsoft's newest windows operating system
- Windows 10 is compatible with most PCs

Once you have installed the latest operating system available, keep it up-to-date by enabling automatic updates by following the instructions [here](#).

### Windows 7

- Microsoft no longer provides support for Windows 7. If you have any computers that are still running Windows 7, contact IT as soon as possible to be upgraded to Windows 10.
  - If you have a computer that must continue running Windows 7 (for hardware or software compatibility reasons), it must be disconnected from the MLML network and the internet at all times.
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